Prayer for the Increase of Faith

Loving God, Father of all, you call me to abundance of life in you. This gift of life and grace is accessed by faith: a free gift that you offer to everyone. By means of it I can believe that Jesus is your Son, and that his Church is his Body. At the beginning of this day I ask for an increase of this gift that you gave to me initially at baptism. This gift of faith raises my natural gifts and abilities to the supernatural level — to the level on which you and I can directly relate with one another. I thank you for this gift. May its increase today cause great rejoicing in my heart and lead me to acts of loving service to everyone, beginning with my brother and sister fellow Christians.

Prayer for the Increase of Hope

Loving God, Father of all, you promise eternal reward and mercy for those who believe in your Son and who live their lives like they believe in him. The blessed assurance of peace and refreshment is a constant hope for me that your love is effective and fruitful. In the face of all life's difficulties may I recall how the Cross of Suffering always is transformed into the Cross of Victory!

Prayer for the Increase of Charity

Loving God, Father of all, you have reserved in your own heart a place not only for your Son, Jesus, but also for those adopted sons and daughters of yours, brothers and sisters of his, who willingly and loving conform their lives to his: so that we all can abide deeply and safely in your amazing heart! It is from this effusive and dynamic place that all thoughts, words and actions can proceed according to your will. Jesus' entire life was one of true charity spawned from the enclosure of your heart, Father; may mine today be the same, as I love others, self-sacrificially, filled with your grace, spurred on by hope and seeking your peace.